



I look forward to supporting you on your journey to healing, clarity, and self-love. This documents and policy agreement is to ensure our successful working relationship

### **What to Expect**

First, you will fill out an intake form. Your information and your session are confidential. We discuss your intentions for the session. This verbal check-in can be between 10 minutes to 30 minutes in length. Then we will proceed to the table. The table work is a “clothes-on” experience. I ask people to take off shoes, eyeglasses, jewelry, belts, watches, and to empty their pockets. Please wear comfortable clothing.

During the table work, I use a combination of tonal sounds, silence, and dialogue with you in a co-creative process. Sometimes I may offer a guided meditation or breathing exercises. At some point, I may ask if you are having any perceptions. There are no wrong perceptions. They can be thoughts, feelings, sensations, memories, ideas, stream of conscious images, etc.

Throughout the session, I glean and share information from your energy field with you. I ensure your chakras are balanced, and make sure that your energy is flowing well throughout your body. Toward the end, you may find yourself in a state of deep relaxation.

When the table work ends, we will have a face to face conversation about the session and how you will use what you’ve learned as you move forward on your journey. We will revisit these take-aways and learning in subsequent sessions, if you choose to continue to work with me. I offer discounts for packages of sessions.

After your session, I encourage you to take twenty minutes to a few hours before rushing to your next obligation. If you can, carve out time to journal or rest to support your deep work, and allow for integration. Some clients feel deeply relaxed, sleepy, or energized. Also, latent emotions may rise. Allow yourself to let them flow without over-identifying. View your emotions with a lens of curiosity. You may have new self-awareness and insights rise a few hours to a few days after your session. You can contact me via email to schedule a time to talk if you have any questions post-session.

### **Payments Accepted and Policy**

- Check (preferred)
- Cash
- Health Savings Account card
- Debit and Credit Cards
- PayPal

After the first session, there is a 2% fee for debit and credit card transactions.

### **Cancellation Policy**

You must cancel or reschedule 24 hours in advance. I charge a \$50 cancellation fee if you cancel less than 24 hours in advance of your scheduled session. If you are too ill to come in, or there has been a death in your family, I would waive the cancellation fee.

**Medical Disclaimer**

Joyful Healing Center does not provide medical diagnosis, medical treatment, psychotherapy, or prescribe medications. If Joy Caffrey or a representative of Joyful Healing Center offers information about herbs, essential oils, or homeopathy, please check with your regular practitioner before taking.

**Acceptance of Terms**

I acknowledge that Joyful Healing Center has given me the opportunity to ask questions regarding any aspect of this Agreement. By signing below, I acknowledge that I have carefully and completely read, and fully understand, all aspects of this Agreement. I agree to the cancellation policy and will incur a fee of \$50 for appointments not cancelled within 24 hours. I agree to all the terms and conditions stated in this document. I represent that I am an adult under the laws of the State of my residence and have the right to enter into this Agreement. If I am a minor, I shall have my parent or legal guardian consent to and join in this Agreement by signing in the space provided below. Please indicate your acceptance and agreement by signing in the space provided below.

**Client:** \_\_\_\_\_

**Energy Practitioner:** Joy Caffrey

Signature \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_

**How to Reach Me**

Phone and text: 479-409-4912 Email: [Joy@JoyfulHealingCenter.com](mailto:Joy@JoyfulHealingCenter.com) Website: [JoyfulHealingCenter.com](http://JoyfulHealingCenter.com)

Feel free to contact me if you have any questions about your session. I look forward to working with you.

Joy Caffrey